

## APPLICATION FOR SPIRITUAL DIRECTION

All information given in this application will be held in confidence. Our purpose in asking is simply to help us connect you with a suitable director. *Your information will not be retained once a referral has been made and a direction relationship successfully established.*

Completed forms should be marked 'Spiritual Direction Application' and returned by post to: The Revd Janette Mullett, The Old Cathedral School, Cathedral Close, Truro, TR1 2FQ.

or sent via email to: [janette.mullett@gmail.com](mailto:janette.mullett@gmail.com)

Please Fill in Section A as fully as you are able. Section B is **optional** - fill it out **if** it is helpful for you to do so, or **if** you have any particular requirements. Use as much or as little as is useful or relevant to you, and please do not be constrained by the particular questions if there is something you would like to say that is not mentioned here .

### SECTION A

Name	
Phone	
Email	
Address	
Birthdate	
Spiritual Community (if applicable)	
Place of worship (if applicable)	
Best way and time for us to contact you	
Do you have a disability or any mobility/access issues that you would like us to take into consideration when suggesting a director?	
Would you like someone who lives in your area if possible, or, would	

you prefer to travel outside your area? Do you have your own transport?	
Best days for regular meetings with your director (Please list all available)	
Best times for regular meetings with your director (Please list all available)	
Would you prefer your director to be a man or woman or are you happy with either?	
For some who offer this ministry, it is their livelihood and they need to be paid, while others can offer it free of charge. This will be negotiated with directors on an individual basis. Are you hoping to receive Spiritual Direction free of charge or are you willing/able to pay?	

**\* A Spiritual Direction relationship is essentially a confidential one. However, compliance with Diocesan Safeguarding Policy means that directors will work to some limitations around confidentiality ie Both law and sound morals impose a general duty not to pass on information given in the expectation that it will be kept in confidence. However, directors are expected to make clear to any person who might be about to make a disclosure, that where there are issues of safeguarding and / or a serious crime this may not be possible.**

## SECTION B

If you would like to say something more about what you are looking for in a Spiritual Director, please say it here:

***For example:***

Would you like your spiritual director or companion to be lay or ordained or a religious brother or sister or perhaps this is not an issue for you?

Would you like someone the same sort of age as you? Or someone older? Or younger?

Would you like someone from the same denomination as yourself or who has a similar faith /church experience to yourself?

Would you like someone with a particular area of experience in prayer? For example some people feel they would like to experience more about Ignatian ways of prayer.

Is there anything about your own gifts and experience which you feel needs to resonate with a spiritual guide? e.g. some musicians pray through music and want a spiritual guide who understands this or perhaps does the same.

If you would like to say something more about your spirituality and experience, please say it here:

<p><b><i>For example:</i></b> What brings you to seek spiritual direction currently?</p> <p>Describe any previous experience in spiritual direction.</p> <p>What are your desires/hopes in seeking spiritual direction?</p> <p>In your prayer, what do you find especially nourishing and/or disappointing?</p>	
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Any other information that may be useful:

<p><b><i>For example:</i></b> What in your life experiences might be helpful for us to know: e.g. medical issues, or major transitions?</p>	
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Your personal details will only be used in the following way:

- to communicate with you in regards to the provision of spiritual direction.

You can find out more about how we use data from our 'Privacy Notice' which is available from our website or from Church House. It is your right to view, amend or withdraw your personal data at any time and to do so please contact [janette.mullett@gmail.com](mailto:janette.mullett@gmail.com) or call Church House: 01872 274351. Please be aware that if you withdraw your data we will no longer be able to communicate with you in any manner regarding spiritual direction.