



DIOCESE OF TRURO

DISCOVERING GOD'S KINGDOM
GROWING THE CHURCH

Useful Contacts

Advice & Support Services

<p>NHS 111 Service To access local NHS healthcare services ring 111</p>	<p>Social Care 0300 1234 131 www.cornwall.gov.uk MARU 0300 123 1116</p>
<p>NSPCC - Childline 0808 800 5000 www.nspcc.org.uk</p>	<p>Citizens Advice 0808 223 1133 www.citizensadvice.org.uk</p>
<p>Mental Health Cornwall and Isles of Scilly 24/7 NHS mental health response line on 0800 038 5300.</p>	<p>MIND Information and support on Mental Health issues 0300 123 3393 www.mind.org.uk</p>
<p>Drug or Alcohol Misuse - We Are With You Free confidential support with alcohol, drugs or mental health locally or online 01872 263001 www.wearewithyou.org</p>	<p>Alcoholics Anonymous 0800 917 7650 www.alcoholics-anonymous.org.uk</p>
<p>Young Minds Fighting for Young People's Mental Health www.youngminds.org.uk</p>	<p>YZUP Drug and Alcohol service support in Cornwall for Young People 01872 300816</p>
<p>First Light - Safer Futures Cornwall Domestic Abuse and Sexual Violence Helpline 0300 777 4777 www.firstlight.org.uk</p>	<p>The Women's Centre Cornwall Support for women and girls impacted by domestic or sexual abuse 01208 767099 www.womenscentrecornwall.org.uk</p>
<p>Domestic Abuse Helpline for Men Support and advice for male victims 0808 8010327 www.mensadviceline.org.uk</p>	<p>ManKind For male victims of domestic abuse 01823 334244 www.mankind.org.uk</p>
<p>St Petroc's Homeless Shelter 01872 264153 www.stpetrocs.org.uk</p>	<p>StreetLink Connecting people sleeping rough to local services www.streetlink.org.uk</p>
<p>Shelter The housing and homelessness charity 0300 330 1234 www.shelter.org.uk</p>	<p>Crisis National homelessness charity 0300 636 1967 www.crisis.org.uk</p>
<p>Truro Foodbank - The Trussell Trust 07721 711669 www.truro.foodbank.org.uk</p>	<p>Help with Food - Cornwall Council 0300 1234 100 www.letstalk.cornwall.gov.uk</p>
<p>The Samaritans For whatever you're going through 116 123 www.samaritans.org</p>	<p>Stop it Now! Helping prevent child sexual abuse 0808 1000 900 www.stopitnow.org.uk</p>
<p>The Money Advice Service 0800 138 7777 www.moneyhelper.org.uk</p>	<p>National Debtline 0808 808 4000 www.nationaldebtline.org</p>
<p>Missing People 116 000 www.missingpeople.org.uk</p>	<p>GamCare - Gambling Support 0808 8020 133 www.gamcare.org.uk</p>

Call 999 in an emergency, or call Police on 101 for non-emergencies.