

## Employment Support

This comprehensive list compiles **essential** resources and organizations across Cornwall that support individuals in acquiring skills for employment, starting a self-employed venture, and job searching.

Key institutions such as The Cornwall College Group, Jobcentre Plus, and Skills Hub Cornwall provide training, apprenticeships, and career advice to enhance employability. For those interested in self-employment, resources like Outset Cornwall and the Cornwall and Isles of Scilly Growth Hub offer tailored support and mentoring. Additionally, job seekers can utilize job search platforms like Indeed and Totaljobs, along with local employment agencies such as The Concorde Group and Smith and Reed Recruitment.

This summary serves as a valuable guide for individuals seeking to improve their career prospects, start a business, or find employment opportunities in Cornwall.

### Index:

(Hover over the link below, then **ctrl** and **Left Click** to go to the Section you want to look at.)

- [Skills for Work](#)
- [Self-Employment](#)
- [Self-Employment Start-Up](#)
- [Job Searching](#)
- [Employment Agencies](#)
- [Specialist Support](#)
- [Specialist Financial Support](#)

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## Skills for Work

Organizations across Cornwall that help people acquire skills for employment:

1. **The Cornwall College Group:** Offers a wide range of courses and apprenticeships.
  - Website: [Cornwall College Group](#) or Tel: 0330 123 2523
2. **People Hub Cornwall:** Provides support for businesses and individuals looking to develop skills.
  - Website: [People Hub | Cornwall & Isles of Scilly](#) or Tel: 0333 0150699
3. **Jobcentre Plus:** Provides employment services and training programs.
  - Website: [Contact Jobcentre Plus](#) or Tel: 0800 169 0178

4. **National Careers Service:** Careers information, advice and guidance. To help you make decisions at all stages in your career.
  - Website: [national careers service](https://nationalcareersservice.gov.uk) or Tel: 0800 100 900
5. **Real Ideas Organisation (RIO):** Offers programs and support for young people and adults to develop skills and find employment.
  - Website: [realideas.org](https://realideas.org)
6. **Careers South West:** Provides career advice and support for education and employment.
  - Website: [cswgroup.co.uk](https://cswgroup.co.uk) or Tel: 0800 9755 111
7. **Pentreath Ltd:** Supports individuals with mental health conditions to get back into work.
  - Website: [pentreath.co.uk](https://pentreath.co.uk) or 01726 862727
8. **Cornwall Marine Network:** Offers training and employment services in the marine sector.
  - Website: [cornwallmarine.net](https://cornwallmarine.net) or 01326 211382
  - Website: [cornwallmarine.net/jobs](https://cornwallmarine.net/jobs)
9. **Pluss Cornwall:** Provides support for people with disabilities and health conditions to find work.
  - Website: [pluss.org.uk/work/looking-for-work](https://pluss.org.uk/work/looking-for-work) or 0800 334 5525

These organizations offer a variety of services including training courses, apprenticeships, career advice, and support for starting a business, all aimed at enhancing employability in Cornwall.

## Self-Employment

**National information** sources for self-employed individuals in England:

1. **Start Your Own Business:** Provides free resources to help you start and grow a successful business.
  - Website: [Start Your Own Business](https://startyourownbusiness.gov.uk)
  - Email: [info@syob.net](mailto:info@syob.net)

2. **Gingerbread:** Offers self-employment advice for single parents.
  - Website: [Gingerbread](#) or Helpline: 0808 802 0925
3. **Federation of Small Businesses (FSB):** Provides support for small businesses through various services and benefits (membership fee required).
  - Website: [Federation of Small Businesses](#)

## **Government resources** and advice for the self-employed in England:

1. **GOV.UK - Self Employment:** Main government portal for self-employment information.
  - Website: [Working for yourself - GOV.UK \(www.gov.uk\)](#)
2. **HM Revenue & Customs (HMRC):** Information on tax obligations, National Insurance, and VAT for the self-employed.
  - Website: [HM Revenue & Customs - GOV.UK \(www.gov.uk\)](#)
3. **Business Support Helpline:** Provides free advice and guidance on starting and running a business.
  - Phone: 0300 456 3565
  - Website: [Get help and support for your business - GOV.UK \(www.gov.uk\)](#)
4. **Self Assessment:** Guidance on how to file your tax return if you are self-employed.
  - Website: [Self Assessment - GOV.UK \(www.gov.uk\)](#)
5. **Employment Status Indicator:** Tool to help determine your employment status for tax purposes.
  - Website: [Check employment status for tax - GOV.UK \(www.gov.uk\)](#)
6. **National Insurance for Self Employed:** Information on National Insurance contributions for self-employed individuals.
  - Website: [Self-employed National Insurance: rates and how much you pay - Which?](#)
7. **Business Rates:** Guidance on business rates and reliefs available to self-employed individuals working from home or business premises.
  - Website: [Business Rates - Cornwall Council](#)

8. **Setting Up a Business:** Comprehensive guide on how to set up a business in the Cornwall, including choosing a business structure, registering, and more.
  - Website: [Starting A Business In Cornwall | A Cornwall Business Guide](#)
9. **Intellectual Property Office (IPO):** Information on protecting intellectual property, including patents, trademarks, and copyrights.
  - Website: [Intellectual property and your work: Protect your intellectual property - GOV.UK \(www.gov.uk\)](#)
10. **Business Finance and Support:** Information on grants, loans, and other financial support available to businesses.
  - Website: [Support boost for start-ups and growing businesses in Cornwall and Isles of Scilly - Cornwall Council](#)
  - Website: [Cornwall Business Grants & Funding - Cornwall Trade & Investment \(cornwallti.com\)](#)
11. **Health and Safety Executive (HSE):** Guidance on health and safety regulations for businesses.
  - Website: [Health and Safety - Cornwall Council](#) or Tel: 0300 1234 212
12. **Government Grants and Loans:** Information on available government grants and loans for starting and growing a business.
  - Website: [Find government grants - GOV.UK \(www.gov.uk\)](#)
13. **Redundancy and Insolvency:** Guidance on what to do if your business faces financial difficulties.
  - Website: [Director information hub: Dealing with company distress - GOV.UK \(www.gov.uk\)](#)
14. **Universal Credit for Self-employed:** Information on how Universal Credit works for self-employed individuals.
  - Website: [Self-employment and Universal Credit - GOV.UK \(www.gov.uk\)](#)
  - Website: [Claiming Universal Credit when you are self-employed - GOV.UK \(www.gov.uk\)](#)
  - Website: [Universal Credit and self employment | Turn2us](#)
  - Website: [How Universal Credit payments work if you're self-employed - Citizens Advice](#)

These resources provide comprehensive guidance on various aspects of self-employment, from setting up and running a business to managing taxes and finances.

## Self-Employment Start-Up

Organizations and resources across Cornwall that support individuals looking to start up on a self-employed basis:

1. **Cornwall and Isles of Scilly Growth Hub:** Offers personalized business support and advice for new and existing businesses.
  - Website: [Cornwall & Isles of Scilly - Growth Hub \(ciosgrowthhub.com\)](https://ciosgrowthhub.com)
2. **Unlocking Potential:** Supports businesses and entrepreneurs with mentoring, workshops, and funding opportunities.
  - Website: [unlocking-potential.co.uk](https://unlocking-potential.co.uk) or Tel: 0845 6003600
3. **Cornwall Chamber of Commerce:** Offers networking opportunities, business support, and resources for new businesses.
  - Website: [Cornwall Chamber of Commerce](https://cornwallchamberofcommerce.co.uk) or Tel: 01209 216006
4. **Cornwall Innovation Centres:** Provides workspace, business support, and networking opportunities for startups.
  - Website: <https://cornwallinnovation.co.uk> or Tel: 08000 129500
5. **Real Ideas Organisation (RIO):** Supports entrepreneurs with innovative ideas, offering programs, funding, and resources.
  - Website: [Start Something | Real Pathways \(realideas.org\)](https://realideas.org)
6. **Federation of Small Businesses (FSB) Cornwall:** Provides support, advice, and resources for small businesses and the self-employed.
  - Website: [FSB Small Business bulletin - Cornwall](https://fsb.co.uk) or Tel: 0808 2020 888
7. **Rebel Business School:** To help you and your business and we have tonnes of resources to get your business moving without getting into debt
  - Website: [Helping you start a business today \(therebelschool.com\)](https://therebelschool.com)

8. **Enterprise Nation:** Offers business support, networking opportunities, and resources for startups.
  - Website: [Expert support for small businesses in the UK | Enterprise Nation](https://www.entrepenation.com)
  - Email: [hello@entrepisenation.com](mailto:hello@entrepisenation.com)

These organizations provide a range of services, including business advice, mentoring, networking opportunities, funding assistance, and workshops, all designed to help individuals start and grow their own businesses in Cornwall.

## Job Searching

**Job search sites** accessible in Cornwall:

1. **Indeed:** Comprehensive job search engine.
  - Website: [indeed.co.uk](https://www.indeed.co.uk)
2. **Totaljobs:** Job listings across various sectors.
  - Website: [totaljobs.com](https://www.totaljobs.com)
3. **Reed:** Job search site with various filters for job type and location.
  - Website: [reed.co.uk](https://www.reed.co.uk)
4. **CV-Library:** Job board and CV database.
  - Website: [cv-library.co.uk](https://www.cv-library.co.uk)
5. **Jobsite:** Job search platform with numerous listings.
  - Website: [jobsite.co.uk](https://www.jobsite.co.uk)
6. **Monster:** Job search site with career advice and job listings.
  - Website: [monster.co.uk](https://www.monster.co.uk)
7. **Fish4Jobs:** Job search site with local job listings.
  - Website: [fish4.co.uk](https://www.fish4.co.uk)
8. **Adzuna:** Job search engine aggregating listings from various sources.
  - Website: [adzuna.co.uk](https://www.adzuna.co.uk)

## Employment Agencies for Cornwall

1. **Concorde Group:** Recruitment agency specializing in various sectors including healthcare, construction, and education.
  - Website: [concorde-group.co.uk](https://concorde-group.co.uk)
2. **Smith and Reed Recruitment:** Offers recruitment services across different sectors.
  - Website: [smithandreed.co.uk](https://smithandreed.co.uk)
3. **Jobline Staffing:** Specializes in temporary and permanent placements.
  - Website: [joblinestaffing.co.uk](https://joblinestaffing.co.uk)
4. **Berry Recruitment:** Provides recruitment services across several sectors.
  - Website: [berryrecruitment.co.uk](https://berryrecruitment.co.uk)
5. **Harbron People:** Recruitment agency focusing on construction and engineering roles.
  - Website: [Construction Trades Recruitment | Harbron Recruit](https://www.harbronrecruit.co.uk)
6. **Corserv Recruitment:** Offers recruitment services for various industries, including civil engineering and highway maintenance.
  - Website: [Careers and training \(corservltd.co.uk\)](https://www.corservltd.co.uk)
7. **Trial Balance Consulting:** Focuses on accountancy and finance recruitment.
  - Website: [trial-balance.co.uk](https://www.trial-balance.co.uk)
8. **Cathedral Appointments:** Recruitment agency covering various sectors including IT, legal, and office support.
  - Website: [cathedralappointments.co.uk](https://www.cathedralappointments.co.uk)
9. **Sphere Solutions:** Specializes in construction and technical recruitment.
  - Website: [spheresolutions.co.uk](https://www.spheresolutions.co.uk)

These job search sites and employment agencies offer a variety of resources and opportunities for job seekers in Cornwall across different sectors.

## Specialist Support

1. **Association of Disabled Professionals:** Provides advice on setting up in business as a disabled person (amongst other things).
  - Website: [Association of Disabled Professionals](#)
2. **Prince's Trust Enterprise Programme:** For 18-30-year-olds, offers help to test and explore business ideas.
  - Website: [Prince's Trust](#)
3. **Cornwall School for Social Entrepreneurs:** Supports individuals in starting a Social Enterprise or CIC (Community Interest Company).
  - Website: [Cornwall School for Social Entrepreneurs](#)
4. **British Franchise Association:** Provides support for people running a franchise.
  - Website: [British Franchise Association](#)

## Specialist Financial Support

1. **Fredericks Foundation:** A specialist funding resource for social enterprises.
  - Website: [Fredericks Foundation](#)
2. **SWIG Finance:** Provides loans and financial support for startups and growing businesses in the South West.
  - Website: [SWIG Finance](#)
3. **Responsible Finance:** Supports the development of a fairer finance system and provides resources for responsible finance providers.
  - Website: [Responsible Finance](#)

**Whilst this is not intended to be an exhaustive list, we have endeavoured to make it comprehensive. Please contact [andrew.harry@cornwall.gov.uk](mailto:andrew.harry@cornwall.gov.uk) to let us know if you feel anything needs adding or amending.**