

POP YOUR WORRIES AWAY

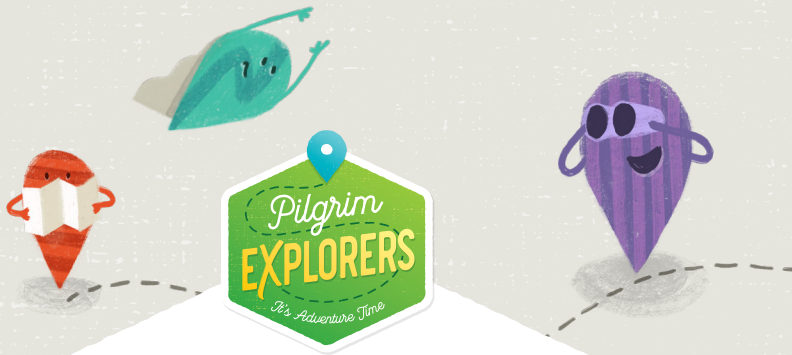
We all worry about things.



Maybe things at home, or things at school? Maybe things about ourselves, or about those we love? Are you worried about something?

If you want to, sit down here and use the bubble wrap to 'pop your worries away'. You might like to ask God to help you, and to give you courage to talk with someone too – maybe a trusted friend, parent or a teacher.





A RESOURCE FOR CHURCHES & LOCAL PRIMARY SCHOOLS

Prayer Stations

You can find other Pilgrim Explorer routes here: trurodiocese.org.uk/whats-on/pilgrim-explorers/

DON'T FORGET TO POST & TAG YOUR PHOTOS ON INSTAGRAM: #PILGRIMEXPLORERS



*Join us for
another pilgrimage
adventure soon!*