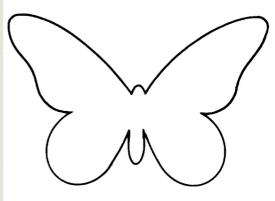
## TRANSFORMING BUTTERFLIES

Changes happen all the time. Some people like change. Some people don't like change. Some people feel excited and others feel worried. It's OK to feel both. If a caterpillar doesn't change, it will never become a butterfly.

## Pick up a paper butterfly.



If you want to, you can write or draw something that you have really enjoyed about this school year onto one of the wings. And then, on the other wing, write or draw something you are looking forward next year.



## A RESOURCE FOR CHURCHES & LOCAL PRIMARY SCHOOLS

Prayer Stations

You can find other Pilgrim Explorer routes here: trurodiocese.org.uk/whats-on/pilgrim-explorers/

## DON'T FORGET TO POST & TAG YOUR PHOTOS ON INSTAGRAM: #PILGRIMEXPLORERS



Join us for another pilgrimage adventure soon!