

The Course in One Day

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| 9.45  | **Arrivals and Refreshments**  | 15 |
| 10.00  | **Welcome, Prayer and Introductions**  | 10 |

**SESSION 1 – LEARNING TOGETHER: COMMITMENTS**

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| 10.10  | **VIDEO: Commitments**(Video section: 2.18-2.55) | 1 |
|  | **DISCUSSION**Read the Course Commitments o the back of the front cover.*Which one feels most important to you?* *Can we agree to these?*Use the opening reading and responses on p. 16 ‘Fear not for I have redeemed you…’ | 9 |

**SESSION 2 – IDENTITY**

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| 10.20  | **VIDEO: Identity and Alex & Jo’s Story**(Video section: 0:00 – 15:00)We’ll begin with an introduction to identity and a film story from Alex and Jo. | 15 |
| 10.35  | **DISCUSSION***What have you learned about what it means to be human that gives you joy, pain?**What do you think about the way in which the church handles issues relating to identity and sexuality?* | 15 |
| 10.50  | **VIDEO: Luke’s Story, Bible Study and Identity, Sexuality & Gender**(Video section 15:19 – 23:19)Our next session will feature Luke’s story, a Bible study on Genesis and reflection on what the Bible says about our identity in Christ and we’ll then go on to exploring questions of gender identity, sexual orientation and identity in Christ. | 10 |
| 11.05  | **DISCUSSION***What do you make of the relationship between identity and sexuality? How much does one influence the other?**What do you think it means to have a new identity in Christ?* | 15 |

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| 11.20  | **BREAK** |  |

**SESSION 3 – RELATIONSHIPS**

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| 11.30  | **VIDEO: It’s all about relationships**(Video section: 8.25-11.47) | 5 |
| 11.35 | **DISCUSSION***In which kind of friendships do you feel most ‘at home’ and able to share most fully the things that matter to you? Can you identify why?**How could we celebrate friendship more in the church?* | 10 |
| 11.45  | **VIDEO: Story films of Laura & Stephen and Julie & Alice**(Video sections: 4:28 – 8:10 and 16:24 – 19:12) | 10 |
| 11.55 | **DISCUSSION***What do you make of these two contrasting stories?* *What struck you the most from what was shared?* | 10 |
| 12.05  | **VIDEO: Bible Study on Matthew 19: 1 – 12** (Video Section: 12:02 – 15:40) | 5 |
| 12.10 | **DISCUSSION***Jesus and the Pharisees both appeal to the Scriptures – how should we use what the Bible says in our discussions about marriage?* | 15 |
| 12.25  | **VIDEO: Marriage**(Video Section: 19:23 – 25:47) | 5 |
| 12.30 | **DISCUSSION***What in the account of Christian teaching on marriage provoked the strongest reaction in you?**How should the church respond to cohabiting, civil partnered and same-sex couples?* | 15 |
| 12.45  | **Prayer & Reflection**Using material on p. 39 | 5 |

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| 12.50  | **LUNCH BREAK** | 55 |

**SESSION 4: Sex and relationships**

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| 13.45 | **BIBLE READING**Reassure we’re not going to be asked to share or talk about anything deeply personal or that we don’t feel comfortable to.Read 1 Corinthians 6: 12 – 20 on p. 46 then to video | 10 |
| 13.55 | **VIDEO: Story films and Sex & Bodies**(Video Section: 4:35 – 18:45) | 15 |
| 14.10 | **DISCUSSION***What aspects of sexual behaviour and attitudes in our culture do you find worrying/liberating?**Not all intimate relationships include sex. How can we cultivate greater intimacy in our relationships generally?* | 15 |
| 14.25 | **VIDEO: Sex and relationships** (Video Section: 23:03 – 28:28)Introduction to sex and relationships, Christian teaching and church doctrine on the place of sexual activity in relationships | 5 |
| 14.30  | **DISCUSSION***What do you find most striking or challenging from what you’ve heard in the story films or overview on the Bible’s teaching about sex and relationships and how we interpret that in our times?* | 15 |

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| 14.45  | **BREAK** | 15 |

**SESSION 5: Life Together**

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| 15.00  | **BIBLE READING and REFLECTION***If you could only pray for one thing what would it be?*Read Jesus’ prayer in John 17Jesus’ prayer was for his disciples to be one just as he is one with the Father and the Holy Spirit.  | 10 |
| 15.10  | **VIDEO A Community called by God**(Video Section: 8:30 – 13:42) | 5 |
| 15.15  | **DISCUSSION***How do we seek to be a united community demonstrating the love of God, even when we disagree?**How have you experienced the tensions around issues of identity, sexuality and relationships within church or within other communities you are part of ?**How might the church more effectively reflect the radical welcome of Jesus whilst maintaining integrity over our convictions about issues of identity, sexuality and relationships?* | 15 |

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| 15.30 | **BRIEF BREAK** | 5 |

**CLOSING REFLECTIONS**

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| 15.35  | **SHARING YOUR LEARNING AND REFLECTIONS**Emphasise today has been a whistle stop tour of LLF! Video sessions are available in full on the Learning Hub and would be worth going through in more detail. There are also more video films/podcastsThis is an opportunity to share our experience of learning yoFEEDBACK & RESPONSE: Highlight QUESTIONNAIRE and CREATIVE RESPONSE (including colouring in!) | 5 |
| 15.40 | **FINAL REFLECTIONS***What have you found most interesting or most challenging from today?* *How might the learning from today affect how you approach these issues in future?* | 15 |
| 15.55  | **CLOSING PRAYER**Use Prayer on p. 4 after a time of quiet. | 5 |