

# SOCIAL RESPONSIBILITY JULY & AUGUST 2021

CONTACT OUR SOCIAL  
RESPONSIBILITY TEAM

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## SRO DIARY DATES

### JULY

**6 Cornwall Independent Poverty  
Forum meeting including AGM**, 2pm  
on Zoom, contact **Rosey Sanders**.  
**7 Faith in Mental Health Network  
meeting**, 2pm on Zoom, contact  
**Rosey Sanders**.  
**11 Sea Sunday**  
**22 Challenge Poverty Week  
Introductory session**, 2pm on Zoom,  
sign up [here](#).

### AUGUST

**3 Cornwall Independent Poverty  
Forum meeting**, 2pm on Zoom,  
contact **Rosey Sanders**.

### SEPTEMBER

**2 Challenge Poverty Week  
Introductory session**, 6pm on Zoom,  
sign up [here](#).  
**2 Churches Homeless Network  
Meeting**, 2pm on Zoom, contact  
**Rosey Sanders**.

## BENEFITS CALCULATOR

It is so important to check what benefits  
you are eligible for every six months  
to ensure you are receiving everything  
available to you.

The new and improved Turn 2 Us  
**Benefits Calculator** makes checking  
what money you have a right to easier  
than ever, taking just ten minutes to  
complete a calculation.

Everyone who goes on to claim the  
benefits the calculator tells them they  
are eligible for receives an average of  
£5,320 per year. Be sure that you are  
not missing out on the support that is  
available to you and try the new **Benefits  
Calculator** today.

## SPOTLIGHT ON .....

# WORRYING ABOUT MONEY? LEAFLET LAUNCHED

The Cash First - Cornwall: Worrying  
About Money? leaflet was launched  
on Thursday, July 1.

To complement this, Citizens Advice  
Cornwall is offering training in July and  
September using the leaflet.

The leaflet is the results of a joint  
initiative between the Independent  
Food Aid Network, Trussell Trust,  
Transformation Cornwall, Cornwall  
Council and Citizens Advice Cornwall.

Please email [admin@foodaidnetwork.org.uk](mailto:admin@foodaidnetwork.org.uk)  
if you are interested in ordering  
some copies of this leaflet for use in  
your organisation.



**Worrying  
About  
Money?**

Financial advice and support is  
available if you're struggling  
to make ends meet

*Kussul arghansek ha skoodhyans  
yw kavadow mars esowgh hwi ow  
kwynnel dhe dhyghtya agas bojet*

Follow these steps to find out  
where to get help in Cornwall



**TRANSFORMATION  
CORNWALL**  
Strengthening Faith Based Social Action in Cornwall

**INDEPENDENT  
FOOD AID  
NETWORK**

**disAbility**  
CORNWALL'S LEADER IN  
Repayment, Income Support, Disposal

**Pentreath**  
Working your way

**christians  
against  
poverty**

**the trussell  
trust**  
City UK, Burger

**NHS**  
St Petros

**Cornwall &  
The Isles of Scilly**

**ageUK**

**KERNOW  
CREDIT UNION**

**citizens  
advice** Cornwall



Freephone 0800 954 1956  
walkwithus@cep.org.uk  
www.cep.org.uk

#warmCornwall

**Positive Mental Health Service**

If you're struggling to repay your energy  
supplier money you owe and it's just too  
much to handle right now, let us help you  
get back on track.

**Mind  
Cornwall**

**COMMUNITY  
ENERGY PLUS**

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SUPPORT YOUR CHURCH & MISSION: SIGN UP TO PARISH GIVING



## MODERN SLAVERY IN CORNWALL

In partnership with Churches Together in Cornwall, Clewer Initiative, New Street Church (Falmouth) and Falmouth and Penryn Churches Together, Transformation Cornwall has been helping to develop a network of people interested in tackling modern slavery in Cornwall.

On July 7, the network will launch two posters to raise awareness of

Modern Slavery in Cornwall along with the contact details of reporting organisations.

If you would like to know more about the network, please contact [info@transformation-cornwall.org.uk](mailto:info@transformation-cornwall.org.uk) and look out for the launch on Transformation Cornwall's social media: **Facebook**, **Twitter**, **Instagram**.

## INCLUSIVE CHURCH OF ENGLAND CAMPAIGN LAUNCHED

'MOSAIC – Movement Of Supporting Anglicans for an Inclusive Church – has recently been launched to campaign for an Inclusive Church of England. MOSAIC seeks a "Church for All England" where the God given potential of all is fully embraced and celebrated. MOSAIC seeks an end to all discrimination in the church against people due to economic power, ethnicity, gender, gender identity, learning disability, physical disability, neurodiversity, mental health, or

sexuality. The movement aims to have a presence in each diocese of the Church of England, where it will work with local clergy and laity on projects that promote inclusion for all those who are currently marginalised by the Church of England.

MOSAIC currently has Convenors in 29 dioceses. For convenors contact information and more details about MOSAIC, visit <https://mosaic-anglicans.org/>

## VACCINATION VOLUNTEERS WANTED

Volunteer Cornwall are continuing to recruit volunteers to help out at the Mass Vaccination sites at Stithians and Wadebridge.

The NHS in Cornwall have asked us to continue to help them make sure people coming for their vaccinations feel welcomed, comfortable, and safe.

There is more information available within the Vaccination Programme Pack which can be downloaded [here](#).

People who can commit to at least 1 x 4 hour shift a week (ideally more!) and who are happy to stand for four hours outdoors are needed.



## SIGNPOSTING HELP

Transformation Cornwall has received a grant from the Diocese of Truro to print and distribute 1,500 copies of our Telephone Signposting list and a number of our signposting posters. The posters and lists were given to the 19 Cornish Foodbanks so that they could include copies in customers food parcels giving them up-to date advice and information from services that could help with benefits, housing, mental health, family wellbeing, exercise, debt, employment.

One of the key issues with the Foodbanks' current way of working is their hugely reduced abilities to signpost to the 'wrap around services' that their customers need and the list goes some way to helping with that. The **Telephone Signposting Information List** is also downloadable so do have a look and pass on.

## FOODBANK SUPPORT

Transformation Cornwall Cornish Foodbank latest updates is now fortnightly and details the opening times, full contact details, how to access Foodbank support and ways to donate to 19 of our wonderful Cornish Foodbanks. The latest version is available [here](#). The weblink (URL) doesn't change so do copy and paste it to relevant places.

## DONNA JOINS THE TEAM

We are absolutely delighted that Donna Birrell has joined the Transformation Cornwall Board of Trustees.

Donna is a Journalist, Broadcaster and the Vice Chair of Churches Together in Cornwall. Donna has long been a supporter of our work at Transformation Cornwall and we are so pleased that she will now be helping to steer our direction and priorities.

## GRANT LISTS

Transformation Cornwall are continuing to update two grant lists each fortnight. The Grants for Groups and Grants for Individuals lists are [here](#). This week's spotlight is 'The Princess Royal Respite Fund For Carers', find out more [here](#).

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## FUNDING

### HEALTH, HERITAGE & ENVIRONMENT FUNDING

THE CAREW POLE CHARITABLE TRUST provides grants under £2,000 for UK registered charities, but particularly for good causes in Cornwall with a preference for health, heritage and the environment.

The trust supports a broad range of charitable causes, although applications from churches and village halls are not supported, unless they are in the immediate vicinity of the National Trust property Antony House, Torpoint, or have a historical connection with the Carew Pole Baronetcy.

The trust considers and approves major donations in March each year, while other smaller appeals are considered, and donations made, throughout the year. Applications may be made in writing at any time.

#### CONTACT

T J Carew Pole, The Carew Pole Charitable Trust, Antony House, Torpoint Cornwall, PL11 3AB.  
T 01752 815303  
E [william@antonyestate.com](mailto:william@antonyestate.com)

### CORNWALL VSF WEEKLY FUNDING OPPORTUNITIES

THE BROWNLEE CHARITABLE TRUST provides small grants for Christian and other charities in the areas of religion, poverty relief, education, citizenship and community development, the arts, culture, heritage and science, animal welfare and ambulance services. Applications may be made at any time in writing.

#### CONTACT

Colin Grimwood, Chair, The Brownlee Charitable Trust, 12 Alice Driver Road, Grundisburgh, Woodbridge, Suffolk, IP13 6XH.  
T 01473 738856  
E [colin.grimwood12@hotmail.co.uk](mailto:colin.grimwood12@hotmail.co.uk)

## SUPPORT FOR UNEMPLOYED

The People Hub is a new service part funded by the European Social Fund and Cornwall Council which offers bespoke, independent, and FREE support to individuals across Cornwall and the Isles of Scilly.

Using an innovative triage and referral service, the People Hub provides a one stop shop for free and confidential information, advice and guidance on finding employment and training opportunities, as well as other areas like housing, debt, mental health, and helping people to overcome barriers to getting into work.

The People Hub's team of Connectors work with people in Cornwall and

the Isles of Scilly who need support and advice, either because they are unemployed and are wondering what options are open to them, they have been made redundant and want to get back into work or training, or because they are looking to retrain or develop new skills.

The Connectors talk individuals through their issues and concerns, and then signpost them to an organisation or project with the specific expertise to help them move forward.

#### CONTACT

T 0333 015 0699 or visit [www.ciosgrowthhub.com/peoplehub](http://www.ciosgrowthhub.com/peoplehub)

[Download the People hub poster here](#)

### MATCH FUNDING FOR PLANET POSITIVE PROJECTS

There's £30,000 match funding available for ten planet positive projects in Cornwall.

Cornwall Council and Crowdfunder are encouraging green initiatives to let them know what they're doing in response to the climate emergency and how crowdfunding will play its part.

Ten successful entries will be chosen to win a share of £30,000 in match funding from Cornwall Council to go towards a crowdfunding campaign.

[Find out more and enter your idea on the Crowdfunder website.](#)

### SEA SUNDAY PRAYER & RESOURCES - JULY 11

Almighty God, Creator; All things, from the greatest to the smallest Owe their origin to You. As we look at the sea in all its moods, And think of the life that it contains We are reminded of how wonderful You are.

We consider the mighty waves, And we remember Your power; We think of the countless creatures Who make their homes in or on or beneath the waves, And we wonder at Your generosity; We think of rock pools, filled with life, And we marvel at Your attention to detail.

We think of the ocean depths, And we realise that there is no end to Your knowledge and understanding. Yet even the sea, in all its variety and richness Only gives us a glimpse of how marvellous You are In every possible way.



Gracious God, for all that You are, And for all that You will be, We praise Your Holy Name.

**Amen**

Resources are available for Sea Sunday. Visit [www.missiontoseafarers.org/sea-sunday](http://www.missiontoseafarers.org/sea-sunday) and [www.stellamaris.org.uk/seasunday](http://www.stellamaris.org.uk/seasunday)

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## REMINDER OF HEALTHY START VOUCHERS

The value of Healthy Start vouchers has now increased to £4.25 per week.

If you are more than ten weeks pregnant, have a child under four years of age and are getting at least one of the following benefits, you could qualify for the scheme:

- Income support
- Child tax credit
- Income-based jobseekers
- Universal credit
- Income-related employment and support allowance

Ask your Midwife or Health Visitor for an application leaflet, call the Healthy Start helpline on 0345 607 6823 and ask them to send you one by post or visit [www.healthystart.nhs.uk/healthy-start-vouchers/how-to-apply](http://www.healthystart.nhs.uk/healthy-start-vouchers/how-to-apply) and fill in the form online, print it off and sign. A Midwife or Health Visitor no longer needs to sign the application form.

Post your application to: Freepost RRTR-SYAE-JKCR, Healthy Start Issuing Unit, PO Box 1067, Warrington, WA55 1EG.

## RE-SKILLING CORNWALL

Are you working with residents of Pool, Redruth or Camborne who would benefit from support in returning to the workplace? If so, the Re-skilling Cornwall programme could help.

Re-skilling Cornwall is a European Social Fund programme providing a range of support for local people to enable them to develop their skills and support them towards employment. The project is designed to first identify and then address the skills gaps that stand in the way of participants accessing the employment opportunities they want.

The programme is for local people from Pool, Redruth or Camborne who have lost their job because of COVID-19 or are looking to return to work after a period of unemployment. The programme is particularly targeted to those over the age of 50 or those with disabilities.

**CORNWALL HOSPICE CARE  
USEFUL LINKS DIRECTORY**

## SPOTLIGHT ON ..... FINANCIAL WORRIES USEFUL LINKS

Citizens Advice Cornwall offer free confidential advice and information on a range of areas including employment law, benefits, housing, debt, consumer rights, discrimination, family and personal, and immigration and nationality. For more information please visit: <https://www.citizensadvicecornwall.org.uk/>

There are also a range of other support and signposting available for those whose mental health and wellbeing is vulnerable to economic and financial instability as a result of ongoing structural inequality, redundancy and the impact of responses to the pandemic:

**The Debt Advice Locator Tool** that can put people in touch with confidential accredited online, phone and face to face debt advice services.

**The Money and Mental Health Toolkit** to guide conversations between social

prescribers, other services and people using their services. This helps link to local voluntary sector provision and to support people in understanding, managing and improving both their financial and mental health.

**The Money Navigator Tool** that in 30 seconds provides an action plan based on your own situation about the money issues you need to tackle first; how to stay on top of bills and payments; what extra help and support you're entitled to and where you can get free advice for debt, housing or redundancy.

**A best practice checklist** for debt advice providers which sets out eight steps that debt advice providers should take to make their service more accessible for people with mental health problems.

## CHALLENGE POVERTY WEEK: OCTOBER 11 - 17

Challenge Poverty Week England and Wales (CPWEW) aims to build active support for solutions to poverty. It is an opportunity for local and national organisations to put on events and activities to celebrate ongoing work to challenge poverty in order to increase support to solve poverty, understand it and take action together.

Challenge Poverty Week is an opportunity for you to join with other groups around the country by putting on an event and activity of your own during the week to celebrate what is being done to challenge poverty locally, and to talk about what needs to be done to build a more just and compassionate society in the longer term.

Events can be either online or in person, and can include anything from panel discussions, meetings between people in poverty and decision-makers, hosting a visit by your local MP to more creative activities.

Taking part in Challenge Poverty Week can be rewarding and impactful. Check out this **resources page** for toolkits and templates to make it easy for you to get involved.

Why not sign up for one of the below introductory sessions on Zoom to learn more to find out more and discuss with others what you can do to make a difference.

**Thursday, July 22, 2pm**  
**Thursday, September 2, 6pm**

Sign up [here](http://www.challengepoverty.co.uk) or visit [www.challengepoverty.co.uk](http://www.challengepoverty.co.uk) for more information. An article suitable for including in a newsletter or email update to your members or wider networks is available [here](#). An A4 PDF introduction flyer can be downloaded [here](#).

For more information contact Andrew. Howell@newquayorchard.co.uk or Andrew.Yates@truro.anglican.org

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## GREEN CHRISTIAN LAUNCHES NEW COURSE

Green Christian has launched a new course - Plenty!

Across six sessions, participants will cover the following topics: plenty yet inequality; consumerism and advertising; growth and debt; economic justice; climate emergency and sustainability and wellbeing.

The course uses videos, discussion questions and stories that provide easy ways into the topic. Bible passages and prayers ground each session in faith, with practical steps for responding to these social and environmental problems as part of discipleship.

The Plenty! programme calls us to face these multiple challenges, as individuals and as a church. By the end of the series, it is hoped you will recognise that a fairer and greener economy is possible, and we all have a role in helping to shape it.

For more information click [here](#).

## FAITH IN MENTAL HEALTH NETWORK MEETING

The Faith in Mental Health Network meeting which takes place on Wednesday, July 7 will focus on Grief in Covid Times with a particular focus on the legacy that has been left with the bereaved in the light of the changes that had to be made to funerals on account of the pandemic restrictions.

Without the 'normal' practise of funerals with full churches and the impossibility of holding wakes with the sharing of all those precious stories as a community, has this left people struggling in their grieving? What can the church do in this situation? Are Thanksgiving Services so long after the death a help or do they bring back the pain and loss?

The meeting will feature an open conversation on these issues and all are welcome to bring their insights and practical ideas.

To register for a Zoom Link email Rosey.Sanders@truro.anglican.org

## SPOTLIGHT ON ..... PREPARING FOR CHANGE

Change has been a constant companion over the past 18 months and, as we contemplate the ending of restrictions, there is yet more on the horizon. The Cinnamon Network is shining a spotlight on the topic and sharing resources to help you navigate your way through this tricky season.

Elizabeth Kubler-Ross was a Swiss-born American psychiatrist who developed a model around the stages of grief in terminally ill patients. Why is this relevant?

Well, going through change is very similar to grieving, as we let go of the old and confront new realities. Kubler-Ross's model follows five stages: denial, anger, bargaining, depression, and acceptance. Perhaps you can recognize some of what you've felt over the past year or so. While not

everyone will follow the emotions in exactly this pattern, the model helps us understand the range of reactions we might receive to a new project, initiative, or way of doing things.

At each stage, a different combination of strategies can be adopted and it's important to use a combination of strategies so that as many people as possible end up feeling positive about the change you are suggesting.

Of course, the tricky bit is moving from the theory to the practical - and there are a whole range of tools on Cinnamon Connect to help you make that leap.

Take a look at the [change management resources](#) here.

## MENTAL HEALTH & SUICIDE PREVENTION TRAINING

The Public Health training team at Healthy Cornwall have been busy delivering training both before and throughout the course of the pandemic. Mental Health First Aid (MHFA) continues to be popular and is now being offered both face-to-face and online.

The excellent ASIST (Applied Suicide Intervention Skills Training) is not suitable for online delivery, however the team were hopeful for a return to face-to-face delivery from May 2021 (COVID restrictions allowing), and with four new trainers on the cards they are planning as many sessions as possible. Please keep checking the website for new dates.

Since September 2020, team members have adopted the Suicide First Aid (SFA)

training model, which is being delivered via a digital classroom (Zoom) over 2 x half days and this is proving to be a really popular entry-level suicide prevention training, receiving excellent feedback. A Youth version will be offered soon too.

These training sessions are offered to anyone who lives or works in Cornwall and Isles of Scilly and are heavily subsidised by Public Health so that the only charge is for the materials (workbooks) needed. Check the website for the charges relating to each session, and for dates available.

For information relating to this or anything suicide prevention email [suicideprevention@cornwall.gov.uk](mailto:suicideprevention@cornwall.gov.uk)

Courses are bookable [here](#).

## MACMILLAN CANCER AWARENESS TRAINING

Free fully funded online courses for professionals and volunteers:  
July 14, 2.30pm - 4pm, Good Conversations and Signposting;  
July 21, 2.30pm - 4pm, An Introduction

to Cancer; July 28, 2.30pm - 4pm, Psychologicam and Social Impacts of Cancer.  
To book a place email [kerstin@ageukcornwall.org.uk](mailto:kerstin@ageukcornwall.org.uk)



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For more information click [here](#).

## SPOTLIGHT ON ..... SIGN CORNWALL VSF'S PLEDGE

Cornwall Voluntary Sector Forum are inviting people to make a collective commitment to work together in ways that enable us all to co-create a more prosperous, fair, safe and healthy Cornwall by signing an [online pledge](#).

Following an alternative G7 online

conference 'Co-Creating Cornwall's Future', organised by the forum, there was a wealth of positive feedback and support.

This promoted the forum to seek to create a lasting legacy to the event through the pledge.

## SUMMER HOLIDAYS LOOKING BRIGHTER FOR KIDS

The summer holidays are looking brighter for children and young people in Cornwall thanks to an exciting partnership.



Cornwall Council and Active Cornwall have joined forces to deliver nutritious food alongside sport and physical activity, under the brand 'Time2Move Holiday Programme'. The programme is open to ALL children and young people aged five to 16 but targets children eligible for Free School Meals and aims to tackle the triple inequality of poor diet, physical

inactivity and social isolation.

Thanks to funding from the Department for Education, existing or prospective providers of summer holiday activity can now apply for funding to deliver daily programmes for young people across Cornwall.

[Complete Application Form Here](#)

If you have any questions, email Lewis.Sanders@cornwall.gov.uk

## INCLUSIVE CHURCH OF ENGLAND CAMPAIGN LAUNCHED

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presence in each diocese of the Church of England, where it will work with local clergy and laity on projects that promote inclusion for all those who are currently marginalised by the Church of England.

MOSAIC currently has Convenors in 29 dioceses. For more information visit <https://mosaic-anglicans.org/>

### CORNWALL VSF WEEKLY FUNDING UPDATE

## HOUSING STRATEGY

The homes we live in affects every aspect of our lives. The Cornwall Council Housing Strategy for Cornwall is a strategic partnership document and describes what the priorities will be for homes over the next five years and beyond. The council wants residents, stakeholders, organisations and anyone interested in housing issues to highlight what is important to them about homes in Cornwall. For example: What are your top three priorities when you think about future homes in Cornwall?

Please visit 'Let's Talk Homes' – and share this link with colleagues and the people you represent. The initial draft housing strategy will be formally consulted on during the summer months and then a final draft strategy towards the end of the year.

For more information email sarah.thornycroft@cornwall.gov.uk

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