

**Diocese of Truro**

# **Holy Communion**

## **Easter Sunday 2020**



## THE GATHERING

### Introduction:

On the first day of the week, very early in the morning, the women took the spices they had prepared and went to the tomb. They found the stone rolled away from the tomb, but when they entered, they did not find the body of the Lord Jesus. While they were wondering about this, suddenly two men in clothes that gleamed like lightning stood beside them. In their fright the women bowed down with their faces to the ground, but the men said to them, "Why do you look for the living among the dead? He is not here; he has risen!"

*Luke 24:1-6a:*

Alleluia! Christ is risen!

**He is risen indeed! Alleluia!**

### Words of Welcome:

### Confession & Absolution:

Christ our Passover Lamb has been sacrificed for us. Let us therefore rejoice by putting away all malice and evil and confessing our sins with a sincere and true heart.

Jesus Christ, risen Master and triumphant Lord,  
we come to you in sorrow for our sins,  
and confess to you our weakness and unbelief.  
We have lived by our own strength,  
and not by the power of your resurrection.  
In your mercy, forgive us.

**Lord, hear us and help us.**

We have lived by the light of our own eyes,  
as faithless and not believing.  
In your mercy, forgive us.

**Lord, hear us and help us.**

We have lived for this world alone,  
and doubted our home in heaven.  
In your mercy, forgive us.

**Lord, hear us and help us.**

May the God of love and power  
forgive you and free you from your sins,  
heal and strengthen you by his Spirit,  
and raise you to new life in Christ our Lord. **Amen.**

**Gloria in Excelsis:**

**Glory to God in the highest,  
and peace to his people on earth.**

**Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.**

**For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.  
Amen.**

**Collect for Easter Sunday:  
God of glory,  
by the raising of your Son  
you have broken the chains of death and hell:  
fill your Church with faith and hope;  
for a new day has dawned  
and the way to life stands open  
in our Saviour Jesus Christ.**

## THE LITURGY OF THE WORD

### Epistle:

Then Peter began to speak to them: 'I truly understand that God shows no partiality, but in every nation anyone who fears him and does what is right is acceptable to him. You know the message he sent to the people of Israel, preaching peace by Jesus Christ—he is Lord of all. That message spread throughout Judea, beginning in Galilee after the baptism that John announced: how God anointed Jesus of Nazareth with the Holy Spirit and with power; how he went about doing good and healing all who were oppressed by the devil, for God was with him. We are witnesses to all that he did both in Judea and in Jerusalem. They put him to death by hanging him on a tree; but God raised him on the third day and allowed him to appear, not to all the people but to us who were chosen by God as witnesses, and who ate and drank with him after he rose from the dead. He commanded us to preach to the people and to testify that he is the one ordained by God as judge of the living and the dead. All the prophets testify about him that everyone who believes in him receives forgiveness of sins through his name.'

*Acts 10:34-43*

This is the Word of the Lord

**Thanks be to God**

### The Easter Anthems:

*1 Corinthians 5.7b, 8; Romans 6.9-11 & 1 Corinthians 15.20-22*

**Christ our passover has been sacrificed for us:  
so let us celebrate the feast,  
not with the old leaven of corruption and wickedness:  
but with the unleavened bread of sincerity and truth.**

**Christ once raised from the dead dies no more:  
death has no more dominion over him.  
In dying he died to sin once for all:  
in living he lives to God.  
See yourselves therefore as dead to sin:  
and alive to God in Jesus Christ our Lord.**

**Christ has been raised from the dead:  
the first fruits of those who sleep.  
For as by man came death:  
by man has come also the resurrection of the dead;  
for as in Adam all die:  
even so in Christ shall all be made alive.**

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

**Gospel:**

Hear the Gospel of our Lord Jesus Christ according to John

**Glory to you, O Lord**

Early on the first day of the week, while it was still dark, Mary Magdalene came to the tomb and saw that the stone had been removed from the tomb. So she ran and went to Simon Peter and the other disciple, the one whom Jesus loved, and said to them, 'They have taken the Lord out of the tomb, and we do not know where they have laid him.' Then Peter and the other disciple set out and went towards the tomb. The two were running together, but the other disciple outran Peter and reached the tomb first. He bent down to look in and saw the linen wrappings lying there, but he did not go in. Then Simon Peter came, following him, and went into the tomb. He saw the linen wrappings lying there, and the cloth that had been on Jesus' head, not lying with the linen wrappings but rolled up in a place by itself. Then the other disciple, who reached the tomb first, also went in, and he saw and believed; for as yet they did not understand the scripture, that he must rise from the dead. Then the disciples returned to their homes.

But Mary stood weeping outside the tomb. As she wept, she bent over to look into the tomb; and she saw two angels in white, sitting where the body of Jesus had been lying, one at the head and the other at the feet. They said to her, 'Woman, why are you weeping?' She said to them, 'They have taken away my Lord, and I do not know where they have laid him.' When she had said this, she turned round and saw Jesus standing there, but she did not know that it was Jesus. Jesus said to her, 'Woman, why are you weeping? For whom are you looking?' Supposing him to be the gardener, she said to him, 'Sir, if you have carried him away, tell me where you have laid him, and I will take him away.' Jesus said to her, 'Mary!' She turned and said to him in Hebrew, 'Rabbouni!' (which means Teacher). Jesus said to her, 'Do not hold on to me, because I have not yet ascended to the Father. But go to my brothers and say to them, "I am ascending to my Father and your Father, to my God and your God."' Mary Magdalene went and announced to the disciples, 'I have seen the Lord'; and she told them that he had said these things to her.

This is the Gospel of the Lord

**Praise to you, O Christ**

**Sermon**

Rt. Rev. Philip Mounstephen, Bishop of Truro

## **The Nicene Creed:**

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is,  
seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
through him all things were made.  
For us and for our salvation he came down from heaven,  
was incarnate from the Holy Spirit and the Virgin Mary  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is worshipped and glorified,  
who has spoken through the prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come.  
Amen.**

**Prayers of intercession:**

Lord Jesus, you are the resurrection,  
**Lord Jesus, you are our life**

Lord Jesus we pray for all who bear particular responsibility for the rest of us in this crisis. We pray for local and national government, the emergency services and everyone who works to care for the most vulnerable in our society. We pray too for those working hard to ensure that our foodbanks remain stocked and staffed.

And we pray for our Churches, in this strange time. Even though we cannot meet, strengthen us as your body and give us the inspiration and creativity of your Holy Spirit that we may know just how best we might love and care for those in our communities within the constraints that are placed upon us.

And we pray that you will lift this shadow from us: that the spread of this virus be slowed and reversed. Give us hope for the future, and protection here in the present.

Lord Jesus, you are the resurrection,  
**Lord Jesus, you are our life**

Lord Jesus, we pray for all those who are lonely and fearful of what the future holds. May they know that they are not alone, that you are with them. As Mary knew the comfort of your risen presence so may they too.

We pray especially for those who are sick and suffering. We pray that your caring hand will rest upon them to give them comfort and peace.

We pray for all those who care for us in this time of trial. We pray especially for all those working in the NHS. We thank you for them and we pray that you will bless, strengthen and encourage them.

And we pray for all those who are bereaved, and for those who care for them: may they know that as they weep so you weep with them. Give them confidence in the resurrection of the dead.

And however we can, help us all to be truly good neighbours to one another.

Lord Jesus, you are the resurrection,  
**Lord Jesus, you are our life**

Lord Jesus, in this troubled time we pray that you will help us to be people of hope, people who have hopes for a better future beyond all this. And may we be people who see those hopes come

to fruition. Help us together to work for a better, a more compassionate, a less acquisitive and a more sustainable and loving world.

And Lord whatever trials and troubles we may currently face, keep us strong in hope knowing that you are indeed the resurrection and the life; and that whoever believes in you will live, even though they die; and whoever lives and believes in you will never die.

Lord Jesus you are the resurrection,  
**Lord Jesus, you are our life. Amen**

## **THE LITURGY OF THE SACRAMENT:**

### **The Peace:**

The risen Christ came and stood among his disciples and said, 'Peace be with you.' Then they were glad when they saw the Lord.

The peace of the Lord be always with you  
**And also with you**

### **The Eucharistic Prayer:**

The Lord is here.  
**His Spirit is with us.**

Lift up your hearts.  
**We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give thanks and praise.**

Blessed are you, Lord God,  
our light and our salvation;  
to you be glory and praise for ever.

From the beginning you have created all things  
and all your works echo the silent music of your praise.  
In the fullness of time you made us in your image,  
the crown of all creation.

You give us breath and speech, that with angels and archangels  
and all the powers of heaven  
we may find a voice to sing your praise:

**Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

How wonderful the work of your hands, O Lord.  
As a mother tenderly gathers her children,  
you embraced a people as your own.  
When they turned away and rebelled  
your love remained steadfast.

From them you raised up Jesus our Saviour, born of Mary,  
to be the living bread,  
in whom all our hungers are satisfied.

He offered his life for sinners,  
and with a love stronger than death  
he opened wide his arms on the cross.

On the night before he died,  
he came to supper with his friends  
and, taking bread, he gave you thanks.  
He broke it and gave it to them, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

At the end of supper, taking the cup of wine,  
he gave you thanks, and said:  
Drink this, all of you; this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it, in remembrance of me.

Great is the mystery of faith:  
**Christ has died:  
Christ is risen:  
Christ will come again.**

Father, we plead with confidence  
his sacrifice made once for all upon the cross;  
we remember his dying and rising in glory,  
and we rejoice that he intercedes for us at your right hand.

Pour out your Holy Spirit as we bring before you  
these gifts of your creation;  
may they be for us the body and blood of your dear Son.

As we eat and drink these holy things in your presence,  
form us in the likeness of Christ,

Bring us at the last with St. Piran, St. Petroc, St. Michael and all the saints  
to the vision of that eternal splendour  
for which you have created us;  
through Jesus Christ, our Lord,  
by whom, with whom, and in whom,  
with all who stand before you in earth and heaven,  
we worship you, Father almighty, in songs of everlasting praise:

**Blessing and honour and glory and power  
be yours for ever and ever.  
Amen.**

### **The Lord's Prayer:**

As our Saviour taught us, so we pray

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power,  
and the glory are yours  
now and for ever.  
Amen.**

## **Breaking of the Bread**

We break this bread  
to share in the body of Christ.

**Though we are many, we are one body,  
because we all share in one bread.**

**Lamb of God,  
you take away the sin of the world,  
have mercy on us.**

**Lamb of God,  
you take away the sin of the world,  
have mercy on us.**

**Lamb of God,  
you take away the sin of the world,  
grant us peace.**

## **The Invitation:**

Come to this table not because you are strong, but because you are weak.  
Come not because any goodness of your own gives you a right to come,  
but because you need mercy and help.  
Come because you love the Lord a little  
and would like to love him more.  
Come not because you are worthy to approach him,  
but because he died for sinners.  
Come because he loves you and gave his life for you.  
Come because he loves you and lives for you

## **Post-Communion Prayer:**

God of Life,  
who for our redemption gave your only-begotten Son  
to the death of the cross,  
and by his glorious resurrection  
have delivered us from the power of our enemy:  
grant us so to die daily to sin,  
that we may evermore live with him  
in the joy of his risen life;  
through Jesus Christ our Lord.

**Father of all,  
we give you thanks and praise,  
that when we were still far off  
you met us in your Son and brought us home.  
Dying and living, he declared your love,  
gave us grace, and opened the gate of glory.  
May we who share Christ's body live his risen life;  
we who drink his cup bring life to others;  
we whom the Spirit lights give light to the world.  
Keep us firm in the hope you have set before us,  
so we and all your children shall be free,  
and the whole earth live to praise your name;  
through Christ our Lord.  
Amen.**

## **THE DISMISSAL**

Alleluia. Christ is risen.

**He is risen indeed. Alleluia.**

Praise the God and Father of our Lord Jesus Christ.

**He has given us new life and hope.**

**He has raised Jesus from the dead.**

God has claimed us as his own.

**He has brought us out of darkness.**

**He has made us light to the world.**

Alleluia. Christ is risen.

**He is risen indeed. Alleluia.**

## **The Blessing**

God the Father,

by whose love Christ was raised from the dead,

open to you who believe the gates of everlasting life.

**Amen.**

God the Son,

who in bursting from the grave has won a glorious victory,

give you joy as you share the Easter faith.

**Amen.**

God the Holy Spirit,  
who filled the disciples with the life of the risen Lord,  
empower you and fill you with Christ's peace.

**Amen.**

And the blessing of God Almighty  
The Father, the Son and the Holy Spirit  
Be with you now and evermore.

**Amen**

He is not here. He is risen.  
Go in peace to love and serve the Lord. Alleluia, alleluia.  
**In the name of Christ. Amen. Alleluia, alleluia.**