



# HUBS FOR DISCIPLESHIP AN INTRODUCTION



DIOCESE OF TRURO

DISCOVERING GOD'S KINGDOM  
GROWING THE CHURCH

# WELCOME

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HUBs are being established in the Diocese of Truro as places in which disciples of Christ can grow, flourish and serve. This simple six-session course is designed to introduce a small group of people to the concept of HUBs (whether they have previously been part of a small group or not). It should be used alongside the 'Simple Guide to HUBs'. Hard copies of both are available from Church House or Archdeacon's House Bodmin or online at [www.trurodiocese.org.uk](http://www.trurodiocese.org.uk)

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## CONTENTS

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<i>Getting started</i>	<b>3</b>
<b>Session One:</b> Introducing HUBs and each other	<b>5</b>
<b>Session Two:</b> Hospitality	<b>8</b>
<b>Session Three:</b> Understanding	<b>12</b>
<b>Session Four:</b> Belovedness	<b>18</b>
<b>Session Five:</b> Sharing	<b>23</b>
<b>Session Six:</b> Moving on	<b>27</b>
<b>Appendices:</b> One, Two, Three	<b>30-32</b>

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# GETTING STARTED

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Meet somewhere comfortable like a home (or even a café or pub). You may wish to consider the less mobile in your group and meet centrally or take it in turns to host the meeting.

Begin or end each session by eating together. This may be as simple as coffee and cake, soup and bread, going to the local pub together, getting a takeaway to share, or each bringing and sharing contributions to a meal (or there may be someone who would be delighted to have the opportunity to cook for everyone). It would be possible to eat something simple whilst engaging in the ‘sharing’ section of each session – but this would only work if people don’t have to keep getting up to fetch dishes/drinks etc.

This material is deliberately designed so that it can be led by anyone who has the skills and confidence to work with a small group (training can be provided from the diocesan discipleship team if required). If there is no-one in your parish/benefice who can do this, you may be able to look wider in your deanery, or ask your priest to set you off and give you training as you go along. Reference is made in places to the ‘Simple Guide to HUBS’ – it would be helpful for participants to have a copy before the first session.

The suggestions for opening and closing prayer and worship are only suggestions. If you wish to design your own worship, or to be completely spontaneous, then you can do so. Copies of the ‘Praying on the Way’ form of prayer<sup>1</sup> will be needed if following the suggestions.

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<sup>1</sup> [www.trurodiocese.org.uk/wp-content/uploads/2016/08/Praying-on-way-form-of-prayer.pdf](http://www.trurodiocese.org.uk/wp-content/uploads/2016/08/Praying-on-way-form-of-prayer.pdf) or larger print version: <http://www.trurodiocese.org.uk/resource-collection/way-of-life>

Some sessions include video clips (with optional subtitles) to use from the Pilgrim Course. These can be found at: [www.youtube.com/user/PilgrimCourse/videos](http://www.youtube.com/user/PilgrimCourse/videos). If you can link a tablet or laptop to a TV, that would be ideal. But if the group is small enough, it should be sufficient to use a laptop or tablet directly. If you do not have access to the internet, you can obtain a DVD of the relevant videos from Becky St Ledger-Renfree on 01872 360027.

How will you identify who will take part in the HUBS? Make sure that there is a clear open invitation, and that people don't assume that it is for the usual 'extra keen' Christians. An invitation card with the details of the dates and venues of the meetings would be useful, as long as it is given personally to people (not just left at the back of church to be picked up).

The sessions should take 60-90 minutes, then you need to add on the time to share food together.

**PLEASE NOTE:** Before you meet for the first time, participants should be invited to bring with them something which is of significance to them and their Christian life, and be prepared to tell others 'what and why'.



# ONE: INTRODUCING HUBS & EACH OTHER

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## OPENING PRAYER & WORSHIP

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From 'Praying on the Way' form of prayer:  
Use the 'Coming before God' section, and pray Psalm 37 together.

## SHARING

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"THIS IS MY..."

Take it in turns to show and tell your significant item. Suggest a maximum time for speaking depending on the number of participants you have.

Don't worry if this takes a while – getting to know each other is a key part of today's session.

## BIBLE CONVERSATION

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Leader to give full instructions (see Appendix One).

<sup>42</sup>They devoted themselves to the apostles' teaching and fellowship, to the breaking of bread and the prayers. <sup>43</sup>Awe came upon everyone, because many wonders and signs were being done by the apostles. <sup>44</sup>All who believed were together and had all things in common; <sup>45</sup>they would sell their possessions and goods and distribute the proceeds to all, as any had need. <sup>46</sup>Day by day, as they spent much time together in the temple, they broke bread at home and ate their food with glad and generous hearts, <sup>47</sup>praising God and having the goodwill of all the people. And day by day the Lord added to their number those who were being saved.

*Acts 2.42-47*

## DISCUSSION

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The 'Simple Guides to HUBs' (front page) describes HUBs as "places of..

- Hospitality
- Understanding
- Belovedness
- Sharing

They are ways in which followers of Jesus can live out their faith, discover and grow, find support and encouragement, look outwards to others and upwards to God.

They are places in which we can belong, give and receive, learn from one another, and grow together as we become more and more like Christ.

- In what ways will being part of a HUB differ from your previous experiences of house groups/fellowship groups/bible study or prayer groups? (It is OK if the answer is 'Not much').
- These first six sessions will not necessarily set the format forever – but for these six, how do you want to organise yourselves? (If not already decided, consider how often, where, when you will meet, what food will be shared and how)?

## COMMITMENT

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Share with one another one item you would appreciate others praying for in the coming week/fortnight (it may just be a first name or a generalised situation if anonymity is needed).

Commit to praying for these things each day of the coming week/fortnight.

## CLOSING PRAYER

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Use the intercessory prayer section from 'Praying on the Way' (including the identified prayer matters as appropriate) then pray the Lord's Prayer together.

(You may take the prayer booklets home, and make use of them during the week, but do remember to bring them back next time).

## FURTHER RESOURCES

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**HOLY HABITS** by Andrew Roberts (especially chapters 3, 6, 9)

**COMMUNITY & GROWTH** by Jean Vanier





# TWO: HOSPITALITY

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*"HUBS are opportunities to give and receive hospitality."*

## OPENING PRAYER & WORSHIP

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From 'Praying on the Way':

Use the 'Coming before God' section, and pray Psalm 37 together.

## SHARING

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- Is there anything to share from your experience of praying for others during this week/fortnight?
- The Simple Guide to HUBS (p.2) cites some examples of hospitality found in the Bible – what others can you think of?  
(In case you need any clues – there are some examples given in Appendix Two).
- What accounts of meals that Jesus shared do you particularly remember and why?





## BIBLE CONVERSATION

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Leader to give full instructions (see **Appendix One**).

<sup>18</sup> The LORD appeared to Abraham by the oaks of Mamre, as he sat at the entrance of his tent in the heat of the day. <sup>2</sup>He looked up and saw three men standing near him. When he saw them, he ran from the tent entrance to meet them, and bowed down to the ground. <sup>3</sup>He said, 'My lord, if I find favour with you, do not pass by your servant. <sup>4</sup>Let a little water be brought, and wash your feet, and rest yourselves under the tree. <sup>5</sup>Let me bring a little bread, that you may refresh yourselves, and after that you may pass on—since you have come to your servant.' So they said, 'Do as you have said.' <sup>6</sup>And Abraham hastened into the tent to Sarah, and said, 'Make ready quickly three measures of choice flour, knead it, and make cakes.' <sup>7</sup>Abraham ran to the herd, and took a calf, tender and good, and gave it to the servant, who hastened to prepare it. <sup>8</sup>Then he took curds and milk and the calf that he had prepared, and set it before them; and he stood by them under the tree while they ate.

*Genesis 18:1-8*

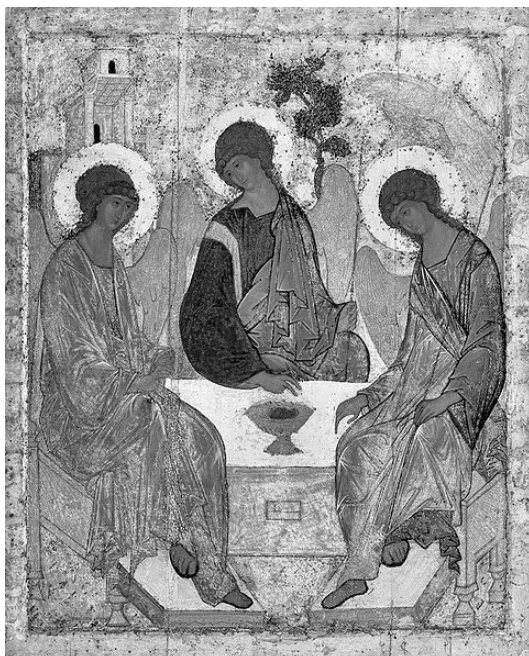
## REFLECTION

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- on the Rublev icon.

This famous icon depicts the three angels who visited Abraham at the Oak of Mamre, but it is also full of symbolism and is interpreted as an icon of the Holy Trinity. (Copies can be found on the internet, for example, [www.wellsprings.org.uk/rublevs\\_icon/rublev.htm](http://www.wellsprings.org.uk/rublevs_icon/rublev.htm) )

Show the video from the Pilgrim Course Book 5 Session 2.



## DISCUSSION

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- Talk about what you have learnt from the video about God's hospitality.
- The Simple Guide (p.2) says: "This hospitality involves being open and expansive in our approach to others and to God; being open with our hearts and ears as well as our homes." What might this mean in practice?

You may want to watch the video for a second time, and leave time for silent reflection.

## COMMITMENT

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In the next week/fortnight find an opportunity to intentionally offer hospitality in a way that you might not otherwise have done, and pray that it may be a way of sharing something of God with others.

Be ready to tell others what happened next time.

## CLOSING PRAYER

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Use the intercessory prayer section from 'Praying on the Way' (including praying specifically for opportunities to exercise hospitality) then pray the Lord's Prayer together.

## FURTHER RESOURCES

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**HOLY HABITS** by Andrew Roberts (Especially Chapters 10 & 14)  
**LITURGIES AND RESOURCES FOR CHRIST-CENTRED HOSPITALITY** by Dilly Baker  
**'THE BREAD CHURCH'** in Liverpool: [www.somewhere-else.org.uk/](http://www.somewhere-else.org.uk/)  
**GIVING: A SIMPLE GUIDE** [www.trurodiocese.org.uk/resource-collection/simple-guides/](http://www.trurodiocese.org.uk/resource-collection/simple-guides/)  
**'LEADING THE WAY': GIVING – RESPONDING TO GOD**  
[www.trurodiocese.org.uk/resource-collection/leading-the-way/](http://www.trurodiocese.org.uk/resource-collection/leading-the-way/)

A black and white photograph taken from behind a person with short, curly hair, wearing a dark t-shirt. The t-shirt has the words "AT YOUR SERVICE" printed in large, white, bold, sans-serif capital letters. The person is standing in what appears to be a cafe or service area. In the foreground, to the right, there are stacks of white disposable cups and a small potted cactus. To the left, a woman with long dark hair is partially visible, looking towards the person in the t-shirt. In the background, there are other people, including a man in a dark shirt, and a large arched window with a decorative frame. The lighting is soft, and the overall atmosphere is professional and service-oriented.

**AT YOUR  
SERVICE**

# THREE: UNDERSTANDING

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*HUBs are places in which we seek to grow in our understanding...  
(of) who God is, who we are, and how to live as followers of Christ."*

## OPENING PRAYER & WORSHIP

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Use 'Coming before God' plus Psalm 111.

- 1 Praise the LORD!  
I will give thanks to the LORD with my whole heart,  
in the company of the upright, in the congregation.
- 2 Great are the works of the LORD,  
studied by all who delight in them.
- 3 Full of honour and majesty is his work,  
and his righteousness endures for ever.
- 4 He has gained renown by his wonderful deeds;  
the LORD is gracious and merciful.
- 5 He provides food for those who fear him;  
he is ever mindful of his covenant.
- 6 He has shown his people the power of his works,  
in giving them the heritage of the nations.
- 7 The works of his hands are faithful and just;  
all his precepts are trustworthy.
- 8 They are established for ever and ever,  
to be performed with faithfulness and uprightness.
- 9 He sent redemption to his people;  
he has commanded his covenant for ever.  
Holy and awesome is his name.
- 10 The fear of the LORD is the beginning of wisdom;  
all those who practise it have a good understanding.  
His praise endures for ever.

## SHARING

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- What happened in terms of your commitment to intentional hospitality? What did you seek to do, and how did it work out? This may prompt prayer later on.
- Think about one way in which your faith has changed since you were a child and share with one another.
- What sorts of things prompt changes in our understanding of our faith?

## BIBLE CONVERSATION

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Luke 24.13-35: read the passage with various people taking the roles of narrator, Cleopas, other disciple, Jesus, disciple in Jerusalem (it is too long to use as described in Appendix One).

**Narrator:** <sup>13</sup> Now on that same day two of them were going to a village called Emmaus, about seven miles from Jerusalem, <sup>14</sup> and talking with each other about all these things that had happened. <sup>15</sup> While they were talking and discussing, Jesus himself came near and went with them, <sup>16</sup> but their eyes were kept from recognizing him. <sup>17</sup> And he said to them,

**Jesus:** ‘What are you discussing with each other while you walk along?’

**Narrator:** They stood still, looking sad. <sup>18</sup> Then one of them, whose name was Cleopas, answered him,

**Cleopas:** ‘Are you the only stranger in Jerusalem who does not know the things that have taken place there in these days?’

**Narrator:** <sup>19</sup> He asked them, ‘What things?’ They replied,

**Cleopas:** 'The things about Jesus of Nazareth, who was a prophet mighty in deed and word before God and all the people,<sup>20</sup> and how our chief priests and leaders handed him over to be condemned to death and crucified him.

**Other disciple:** <sup>21</sup> But we had hoped that he was the one to redeem Israel. Yes, and besides all this, it is now the third day since these things took place. <sup>22</sup> Moreover, some women of our group astounded us. They were at the tomb early this morning, <sup>23</sup> and when they did not find his body there, they came back and told us that they had indeed seen a vision of angels who said that he was alive. <sup>24</sup> Some of those who were with us went to the tomb and found it just as the women had said; but they did not see him.'

**Narrator:** <sup>25</sup> Then Jesus said to them,

**Jesus:** 'Oh, how foolish you are, and how slow of heart to believe all that the prophets have declared! <sup>26</sup> Was it not necessary that the Messiah should suffer these things and then enter into his glory?'

**Narrator:** <sup>27</sup> Then beginning with Moses and all the prophets, he interpreted to them the things about himself in all the scriptures. <sup>28</sup> As they came near the village to which they were going, he walked ahead as if he were going on. <sup>29</sup> But they urged him strongly, saying,

**Cleopas:** 'Stay with us, because it is almost evening and the day is now nearly over.'

**Narrator:** So he went in to stay with them. <sup>30</sup> When he was at the table with them, he took bread, blessed and broke it, and gave it to them. <sup>31</sup> Then their eyes were opened, and they recognized him; and he vanished from their sight. <sup>32</sup> They said to each other,

**Other disciple:** ‘Were not our hearts burning within us while he was talking to us on the road, while he was opening the scriptures to us?’

**Narrator:** <sup>33</sup> That same hour they got up and returned to Jerusalem; and they found the eleven and their companions gathered together. <sup>34</sup> They were saying,

**Disciple in Jerusalem:** ‘The Lord has risen indeed, and he has appeared to Simon!’

**Narrator:** <sup>35</sup> Then they told what had happened on the road, and how he had been made known to them in the breaking of the bread.

## DISCUSSION

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Leave a brief time of silence after the reading to think about what you have heard.

Talk together about the different levels of understanding you can see in the passage

- In particular, by the 2 disciples walking to Emmaus
- also by Jesus
- and the disciples in Jerusalem.

What helped the disciples to grow in understanding?

How does this tie in with what the Simple Guide says on p.3 “*HUBS are opportunities for growing in our understanding of our faith and how to live it out. They are places where we meet with other followers of Jesus, deliberately seeking to grow in understanding..... places of questions and doubt, honesty and listening, sharing stories and learning from one another’s experiences.*”?



## REFLECTION

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Watch the Pilgrim Course video book 7, session 4, which considers the Bible as a resource for growing in our understanding of God, ourselves and life. Take notes of things that particularly strike you as you watch and listen.

## DISCUSSION

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- What particularly struck you from the video?
- What things help you to read the Bible? What resources do you use? Share ideas and resources with one-another.

## COMMITMENT

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Commit to reading through Mark's gospel during next week/fortnight. Be ready to share your experience when next you meet.

## CLOSING PRAYER

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Pass a shell or small cross (or similar) around the group allowing time for the person holding it to pray in silence, or out loud, before passing it on to the next person.

Together use the Way of Life prayer, the Lord's Prayer and closing response from 'Praying on the Way'.

## FURTHER RESOURCES

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**LIVING FAITHFULLY** by John Pritchard; **ENCOUNTERING THE BIBLE** by Andrew Village

Aids to reading the Bible (see **Appendix Three**).



# FOUR: BELOVEDNESS

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*"In HUBs, we meet together as God's beloved children."*

## OPENING PRAYER & WORSHIP

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Use 'Coming before God'.

(You could perhaps decide to sing together, or listen to a song of praise, or ask someone to read verses from a hymn).

Read Psalm 95:1-7:

- <sup>1</sup>O come, let us sing to the LORD;  
let us make a joyful noise to the rock of our salvation!
- <sup>2</sup>Let us come into his presence with thanksgiving;  
let us make a joyful noise to him with songs of praise!
- <sup>3</sup>For the LORD is a great God,  
and a great King above all gods.
- <sup>4</sup>In his hand are the depths of the earth;  
the heights of the mountains are his also.
- <sup>5</sup>The sea is his, for he made it,  
and the dry land, which his hands have formed.
- <sup>6</sup>O come, let us worship and bow down,  
let us kneel before the LORD, our Maker!
- <sup>7</sup>For he is our God,  
and we are the people of his pasture,  
and the sheep of his hand.  
O that today you would listen to his voice!

## SHARING

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- How did you get on reading Mark's gospel?
- Watch the Pilgrim Course video from book 2 Session 2, and talk about what this teaches us about the love which God has for us.

## BIBLE CONVERSATION

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Leader to give full instructions (see **Appendix One**)

<sup>9</sup> God's love was revealed among us in this way: God sent his only Son into the world so that we might live through him. <sup>10</sup> In this is love, not that we loved God but that he loved us and sent his Son to be the atoning sacrifice for our sins. <sup>11</sup> Beloved, since God loved us so much, we also ought to love one another. <sup>12</sup> No one has ever seen God; if we love one another, God lives in us, and his love is perfected in us.

<sup>13</sup> By this we know that we abide in him and he in us, because he has given us of his Spirit. <sup>14</sup> And we have seen and do testify that the Father has sent his Son as the Saviour of the world. <sup>15</sup> God abides in those who confess that Jesus is the Son of God, and they abide in God. <sup>16</sup> So we have known and believe the love that God has for us. God is love, and those who abide in love abide in God, and God abides in them.

*1 John 4.9-16*

## REFLECTION

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Watch the Pilgrim Course video from book 2 Session 6. What does this tell us about ourselves – do we agree?

Then use either or both of the following questions depending on time:

- How could we enable our worship as a HUB, or as a church, to become a better expression of our love for God?
- What do we do when we find it difficult to pray?

# COMMITMENT

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Commit to spending 5-10 minutes per day in stillness and silence, placing yourself under the gaze of God's love, as a way of remembering you are beloved by God.

- Find an image that will help you to do this – you may have one already at home (a cross, an image of Jesus, an abstract painting...). If not, you could use Rublev's icon: [www.wellsprings.org.uk/rublevs\\_icon/rublev.htm](http://www.wellsprings.org.uk/rublevs_icon/rublev.htm) ) or 'Something Understood' by Bridget Braybrooks <https://www.trurodiocese.org.uk/wp-content/uploads/2017/09/something-understood-poem-and-image.pdf>
- Bring to the next session something which you wish to say 'thank you' to God for.

*Something Understood by Bridget Braybrooks ©*



## CLOSING PRAYER

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Read “Beloved Is Where We Begin” and allow a prayerful silence before praying the Lord’s Prayer.

### “Beloved Is Where We Begin”

*(It may be helpful to know that this is based on the account of Jesus being tempted in the wilderness from Mark’s gospel)*

If you would enter  
into the wilderness,  
do not begin  
without a blessing.

Do not leave  
without hearing  
who you are:  
Beloved,  
named by the One  
who has travelled this path  
before you.

Do not go  
without letting it echo  
in your ears,  
and if you find  
it is hard  
to let it into your heart,  
do not despair.  
That is what  
this journey is for.

I cannot promise  
this blessing will free you  
from danger,  
from fear,  
from hunger

or thirst,  
from the scorching  
of sun  
or the fall  
of the night.

But I can tell you  
that on this path  
there will be help.

I can tell you  
that on this way  
there will be rest.

I can tell you  
that you will know  
the strange graces  
that come to our aid  
only on a road  
such as this,  
that fly to meet us  
bearing comfort  
and strength,  
that come alongside us  
for no other cause  
than to lean themselves  
toward our ear  
and with their  
curious insistence  
whisper our name:

Beloved.  
Beloved.  
Beloved.

© Jan Richardson “Circle of Grace”

also painted [prayerbook.com/2016/02/11/lent-1-beloved-is-where-we-begin/](http://prayerbook.com/2016/02/11/lent-1-beloved-is-where-we-begin/)



## FURTHER RESOURCES

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**How to Pray** John Pritchard

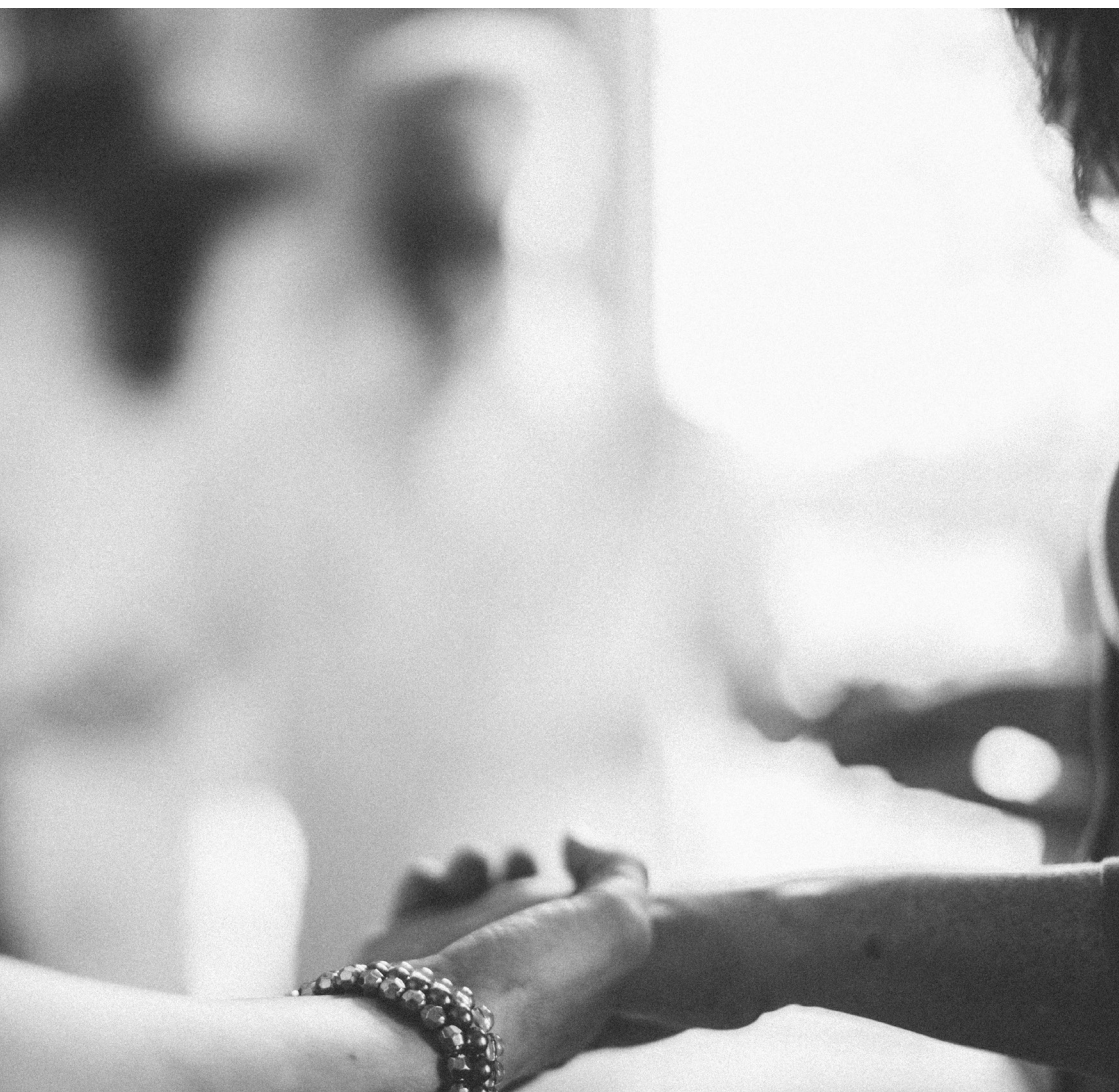
**How to Pray: Alone, with Others, at Any Time, in Any Place** by Stephen Cottrell.

**Simple Guides to Prayer and Worship**

([www.trurodiocese.org.uk/resource-collection/simple-guides/](http://www.trurodiocese.org.uk/resource-collection/simple-guides/)), and parallel

**Leading the Way materials**

([www.trurodiocese.org.uk/resource-collection/leading-the-way/](http://www.trurodiocese.org.uk/resource-collection/leading-the-way/))





# FIVE: SHARING

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*"HUBs are places in which we share... food, prayers, worship, learning and the deepening of our faith."*

## OPENING PRAYER & WORSHIP

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Use 'Coming before God', then sing a hymn of thanks, or use Ps138.

- <sup>1</sup> I give you thanks, O Lord, with my whole heart;  
before the gods I sing your praise;
- <sup>2</sup> I bow down towards your holy temple  
and give thanks to your name for your steadfast love and  
your faithfulness;  
for you have exalted your name and your word  
above everything.
- <sup>3</sup> On the day I called, you answered me,  
you increased my strength of soul.
- <sup>4</sup> All the kings of the earth shall praise you, O Lord,  
for they have heard the words of your mouth.
- <sup>5</sup> They shall sing of the ways of the Lord,  
for great is the glory of the Lord.
- <sup>6</sup> For though the Lord is high, he regards the lowly;  
but the haughty he perceives from far away.
- <sup>7</sup> Though I walk in the midst of trouble,  
you preserve me against the wrath of my enemies;  
you stretch out your hand,  
and your right hand delivers me.
- <sup>8</sup> The Lord will fulfil his purpose for me;  
your steadfast love, O Lord, endures for ever.  
Do not forsake the work of your hands.

*Psalms 138*

Use the thanksgiving section from 'Praying on the Way' (on p5 or 6 depending on the version you use). Insert the things for which you wish to give thanks to God (and others join in the response).

## SHARING

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- The Simple Guide (p.4) says that HUBS are places of sharing – sharing with one another, with God and with other people. So far we have done quite a bit of sharing with one another and with God; allow people to say how they have found this – what has been helpful, what has been hard, what have they learnt as a result?
- The Simple Guide says that we can share with others through:
  - i) seeking to draw them into our HUBS, and
  - ii) going out and serving people.

What do you feel about these two ideas?

(Have a brief discussion, and then pick up the bible conversation below).

## BIBLE CONVERSATION

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Leader to give full instructions (see **Appendix One**)

<sup>25</sup>Just then a lawyer stood up to test Jesus. ‘Teacher,’ he said, ‘what must I do to inherit eternal life?’ <sup>26</sup>He said to him, ‘What is written in the law? What do you read there?’ <sup>27</sup>He answered, ‘You shall love the Lord your God with all your heart, and with all your soul, and with all your strength, and with all your mind; and your neighbour as yourself.’ <sup>28</sup>And he said to him, ‘You have given the right answer; do this, and you will live.’

<sup>29</sup>But wanting to justify himself, he asked Jesus, ‘And who is my neighbour?’ <sup>30</sup>Jesus replied, ‘A man was going down from Jerusalem to Jericho, and fell into the hands of robbers, who stripped him, beat him, and went away, leaving him half dead. <sup>31</sup>Now by chance a priest was going down that road; and when he saw him, he passed by on the other side. <sup>32</sup>So likewise a Levite, when he came to the place and saw him, passed by on the other side. <sup>33</sup>But a Samaritan while travelling came near him; and when he saw him, he was moved with pity. <sup>34</sup>He went to him and bandaged his wounds, having poured oil and wine on them. Then he put him on his own animal, brought him to an inn, and took care of him. <sup>35</sup>The next day he took out two denarii, gave them to the innkeeper, and said, “Take care of him; and when I come back, I will repay you whatever more you spend.”

<sup>36</sup> Which of these three, do you think, was a neighbour to the man who fell into the hands of the robbers?' <sup>37</sup> He said, 'The one who showed him mercy.' Jesus said to him, 'Go and do likewise.'

*Luke 10.25-37*

## REFLECTION

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Recalling what you've just talked about from the bible conversation above, watch the Pilgrim Course video from Book 8 Session 4.

How did that confirm, or confuse, or take further your conversation from earlier?

Talk together as a group about what you might want to do first in terms of sharing with others:

- Have a gathering which will be open to other people, which will be a chance to enjoy hospitality and make connections (and even invite to become part of the HUBS)?
- Or seek to share God's love through specific acts of service (see the Simple Guide for suggestions)?
- Following on from Paula Gooder's comments at the end of the video clip, are there people whom we wouldn't naturally think of sharing with that we could serve in some way?

## COMMITMENT

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- Allow the conversation above to become a specific commitment which the group will own. What might need to be done between this meeting and the next HUBS meeting to begin to plan this? Who will take on these tasks?
- Also, would any people be willing to prepare the opening &/or closing worship for next session? (Continue to use 'Praying on the Way' if it is helpful, or design your own prayers and worship).

## CLOSING PRAYER

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Have a time of intercession, either informal or using resources from 'Praying on the Way', including praying for the people you seek to share with.

## FURTHER RESOURCES

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Check out the 'Try Praying' website, and consider who you could encourage to use the book or app: <http://www.trypraying.co.uk/>

**The Simple Guide and Leading the Way** material around '**Serving Others**'  
**Beyond the Good Samaritan** by Ann Morisy

*The Good Samaritan (The Parables of Our Lord and Saviour Jesus Christ)* by John Everett Millais [www.metmuseum.org/art/collection/search/642929](http://www.metmuseum.org/art/collection/search/642929) ©



# SIX: MOVING ON

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*“HUBs.... Christian disciples who commit to discovering and growing together.”*

## OPENING PRAYER & WORSHIP

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Planned and led by member(s) of the HUB.

## SHARING

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How have the plans gone in terms of preparing for ‘Sharing’ with others?

- Do you need to identify other things that need to be done at this stage? If there is still a lot to do, don’t spend ages on it now – but wait until the commitment section and/or another planning and prayer meeting.
- How have you found your experience of being a HUB so far? Share together what you have found challenging, and what has been helpful.
- How do you sense that you have got to know one another/your faith/yourself/God better?

## BIBLE CONVERSATION

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Leader to give full instructions (see **Appendix One**)

<sup>12</sup> I appeal to you therefore, brothers and sisters, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. <sup>2</sup> Do not be conformed to this world, but be transformed by the renewing of your minds, so that you may discern what is the will of God—what is good and acceptable and perfect.

<sup>3</sup> For by the grace given to me I say to everyone among you not to think of yourself more highly than you ought to think, but to think with sober judgement, each according to the measure of faith that God has assigned.

<sup>4</sup> For as in one body we have many members, and not all the members have the same function, <sup>5</sup> so we, who are many, are one body in Christ, and individually we are members one of another. <sup>6</sup> We have gifts that differ according to the grace given to us: prophecy, in proportion to faith; <sup>7</sup> ministry, in ministering; the teacher, in teaching; <sup>8</sup> the exhorter, in exhortation; the giver, in generosity; the leader, in diligence; the compassionate, in cheerfulness.

<sup>9</sup> Let love be genuine; hate what is evil, hold fast to what is good; <sup>10</sup> love one another with mutual affection; outdo one another in showing honour. <sup>11</sup> Do not lag in zeal, be ardent in spirit, serve the Lord. <sup>12</sup> Rejoice in hope, be patient in suffering, persevere in prayer. <sup>13</sup> Contribute to the needs of the saints; extend hospitality to strangers.

*Romans 12.1-13*

## REFLECTION

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This Bible conversation may lead into all sorts of other conversations about what it has meant to be a HUB for discipleship; allow the conversation to continue. If it needs further prompting, you could consider:

- To what extent are we ‘one body in Christ’?
- What might this mean for other members of our congregation(s)?
- How might we seek to enable ‘the body’ to grow further?

These questions will lead naturally into the next section....

## COMMITMENT

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What are you going to do next as a HUBS group?

- There may have been a particular subject which caught peoples' attention over the previous weeks, and it may be addressed by using the relevant Pilgrim Course or Leading the Way material (see 'Further Resources' at the end of each session). If you wish to cover a subject for which there does not appear to be appropriate material, contact Jane Horton or Becky St Ledger-Renfree for advice. (Jane Horton: 01872 360028 or email [jane.horton@truro.anglican.org](mailto:jane.horton@truro.anglican.org) Becky St Ledger-Renfree: 01872 360027 or email [rebecca.stledger@truro.anglican.org](mailto:rebecca.stledger@truro.anglican.org))
- You may want to have a little gap before you start again, or you may want to move seamlessly into the next thing so as not to lose the habit of meeting as HUBS. Either way, it is worth establishing the date of your next meeting, and who will be responsible for hosting and organising it.
- Are there other people from your congregation(s) that it would be good to invite to join in the next course? Who will do that? If you gain any more people, is the group going to become too large? Do you need to become 2 groups already?
- If you need to sort out more details regarding your session for sharing with others – do you have time to do it now? Or do you need another planning & prayer session?

## CLOSING PRAYER

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Planned and led by member(s) of the HUB.



# APPENDIX ONE

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## INSTRUCTIONS FOR BIBLE CONVERSATIONS (LECTIO DIVINA)

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Explain to the group the full process for this Bible conversation before you begin. Ensure people know that they will not be made to say anything if they don't want to.

The process is this:

- Pray for God to speak to people through this passage<sup>2</sup>
- Have someone read the passage aloud, followed by a time of silence (at least long enough for people to read it again for themselves).
- Encourage people to 'listen' to God, and to note a word or phrase that particularly strikes them. They should stay with that word/phrase, being open to what God might be saying to them through it.
- Give everyone an opportunity (by going around the group) to say what their word/phrase is (and no more). People can 'pass' if they wish.
- Have a different person read the passage again, followed by a time of silence, in which people can consider further the meaning of their word/phrase.
- Going around the group, invite people to say something briefly about what it was in the word/phrase which struck them. People can 'pass' if they wish.
- Have the passage read for a final time, followed by silence, during which people are invited to make a personal (silent/written) response to God if they wish.

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<sup>2</sup> You could use this prayer:

**Holy Spirit of God;  
open our ears and our minds,  
our hearts and our spirits,  
that we may hear you speaking to us  
through these words of Scripture.  
May we be ready to be encouraged and challenged,  
guided and changed.  
For the sake of Jesus Christ, our Lord.  
Amen**

# APPENDIX TWO

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## EXAMPLES OF HOSPITALITY IN THE BIBLE

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<b>Genesis 1 &amp; 2</b>	God's hospitality in creation
<b>Exodus 2.15-21</b>	Moses and the priest of Midian – mutual hospitality
<b>1 Kings 17.7-16</b>	The widow of Zarephath - caring for Elijah despite her poverty
<b>2 Kings 4.8-10</b>	A Shunammite - providing for Elisha The whole story of Ruth
<b>Luke 14.15-24</b>	The parable of banquet – 'out into the streets & lanes'
<b>Luke 10.30-37</b> <b>Acts 10</b>	The parable of the Good Samaritan Cornelius, Peter, Simon the Tanner – the gospel for Gentiles as well as Jews
<b>Romans 16.1-16</b>	people in the early Church, including Phoebe, Paul, and many others.

How many other examples can you think of?

# APPENDIX THREE

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## AIDS TO READING THE BIBLE

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### **Scripture Union free on-line reading notes:**

[www.wordlive.org](http://www.wordlive.org) Also free: [www.biblesociety.org.uk/explore-the-bible](http://www.biblesociety.org.uk/explore-the-bible)

### **Various daily bible reading notes can be purchased from:**

<https://content.scriptureunion.org.uk/bible-reading-guides> or

<https://www.brf.org.uk/bible-reading>

### **Apps: The Church of England has a small range of apps, mostly to aid worship and exploring the Psalms:**

<https://www.churchofengland.org/prayer-and-worship/download-church-england-apps>

### **A portal into the best apps for Daily Bible study and readings is:**

<http://appcrawlr.com/ios-apps/best-apps-daily-bible-study> including: The Bible App: Free Bible for phone, tablet and computer.

### **Various versions available along with reading plans:**

[www.bible.com/en-GB](http://www.bible.com/en-GB)

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