



# Makeover

Adapted from [www.lightlive.org](http://www.lightlive.org)

## AIMS AND OUTCOMES

- To consider that being a follower of Jesus results in transformed lives.
- The YP will think about how lifestyle relates to worship.
- To identify ways in which their lives as Christians might have a positive influence
- To be praying regularly for their local community

## RESOURCES

- Bibles
- A set of old, untrendy clothes and a set of new and fashionable clothes.
- Prepared labels see 1 below.
- Air horn or similar (see 2 below)

1 Before the session, prepare labels for the sets of clothes. The old, untrendy clothes have these labels pinned to them: 'sexual sinning'; 'wanting things that are evil'; 'being greedy'; 'being angry'; 'being moody'; 'hurting others'; 'swearing'; 'lying'. The new and fashionable garments have these labels pinned on them: 'being kind'; 'being humble'; 'being gentle'; 'being patient'; 'getting along with others'; 'forgiving others'. Pin the word 'Love' on the hoodie or coat.

2 Put the clothes with the negative attributes in a pile and ask the young people to pick one at random and put it on. (If you have a large group, ask for volunteers to do this.) Say that these people now represent someone who has this habit. Get them to suggest one or more things that a person with this habit might think, do or say. Encourage them to use an air horn, or other sound effect, instead of saying swear words. Make sure no one is put into an uncomfortable position by what they are asked to say.

3. Ask the group to imagine what the world would be like if we all acted like that, all the time. Read Colossians 3:1-17 together. Ask the group to say what they think people should be acting like when they become followers of Christ according to Paul. What does he have to say about the habits of the old life, before they decided to become disciples of Jesus. Invite the young people to take off the old clothes and put them in the bin.

4 Say that God gives them new clothes that are a billion times better than the old ones. Give out the garments with the positive labels on. As a Christian we can choose whether to



stick with our old horrible habits or ask God to give us new habits like these so that we can behave more like Jesus.

5 Explain that God also gives us a fantastic bit of kit to put on over the top of everything: bring on the 'Love' hoodie. When people see Christians, they should see the way they love others, more than anything else. Ask: 'How could it change your school (or community) if you deliberately "put on" these habits every day?' Discuss possibilities.

Ask how this new way of being could be viewed as worship.

6. Together draw up an action plan of how they might remember to put on the good habits daily and dream dreams about the possibilities of change for good in their schools/community.

7. Pray together, pray blessings over each other and ask God to bless and prosper all wholesome activities in the local community. Challenge the YP to pray these blessing prayers daily and to be expectant that change will happen as God responds.